



USANA[®]

THE CELLULAR NUTRITION COMPANY

The

USANA

DIFFERENCE

WHY

do I need to worry
about nutrition?

WHAT

are the right
levels of
nutrients?

HOW

is USANA different?

WHY

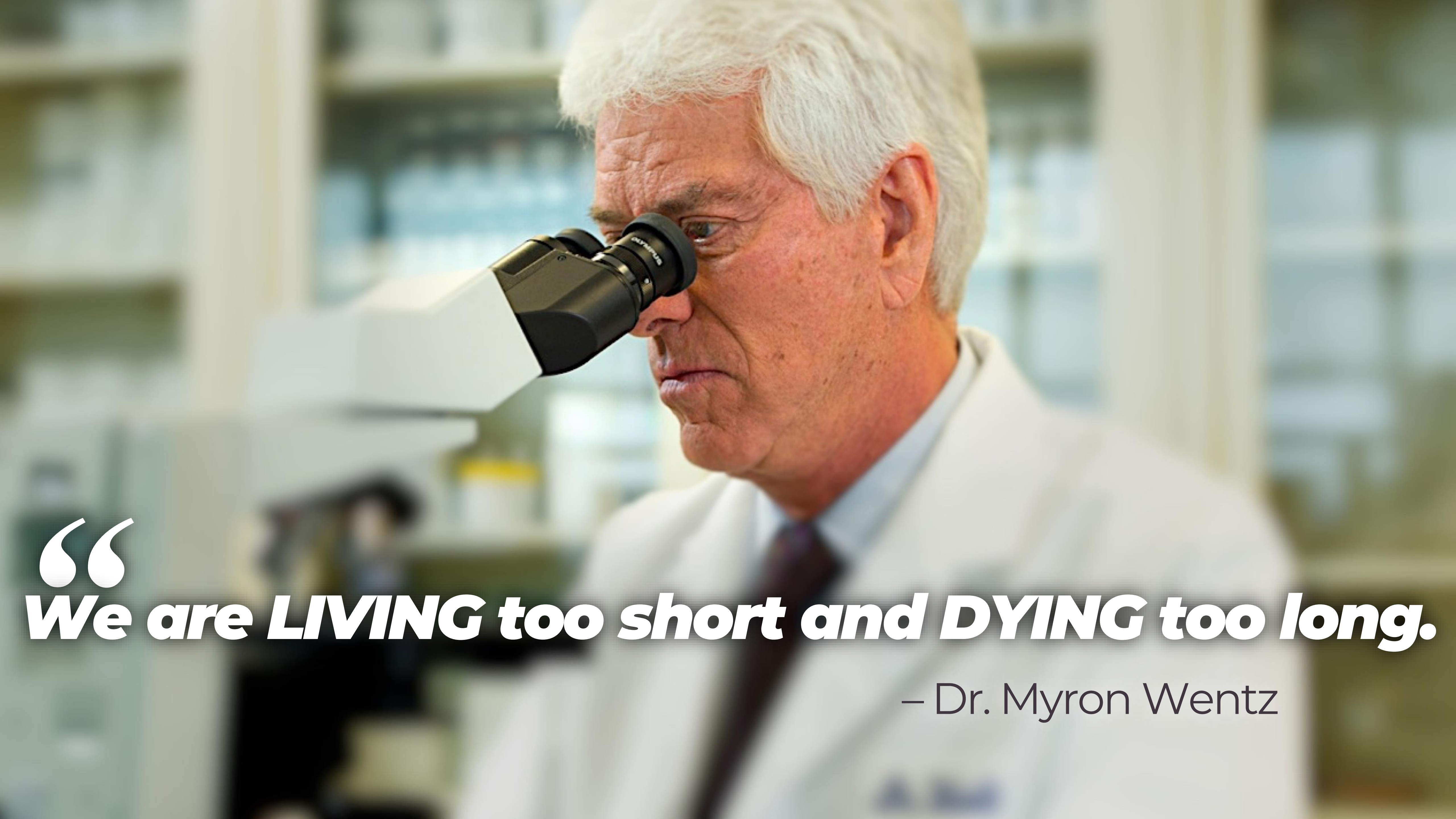
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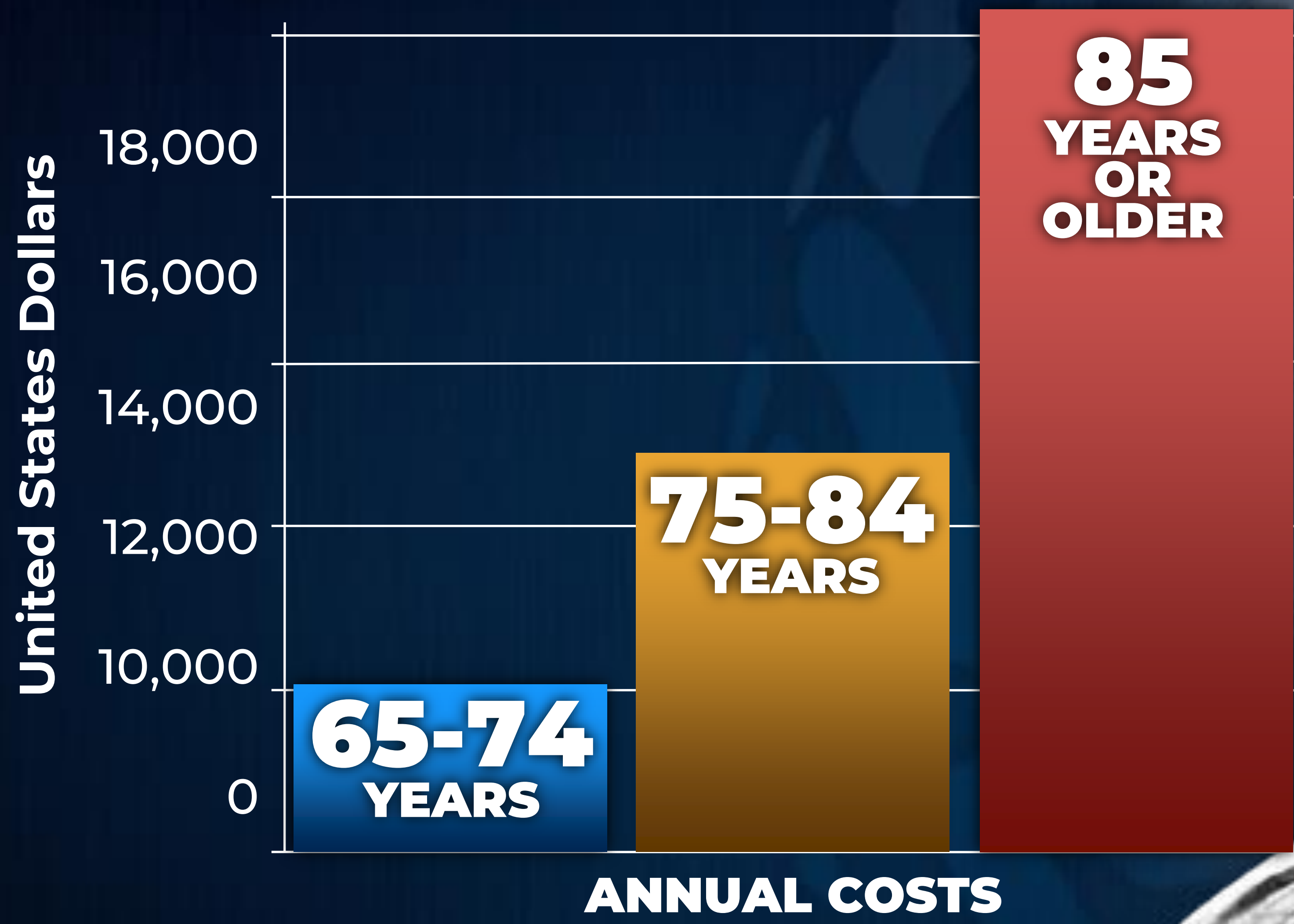
is USANA different?



“
We are **LIVING** too short and **DYING** too long.

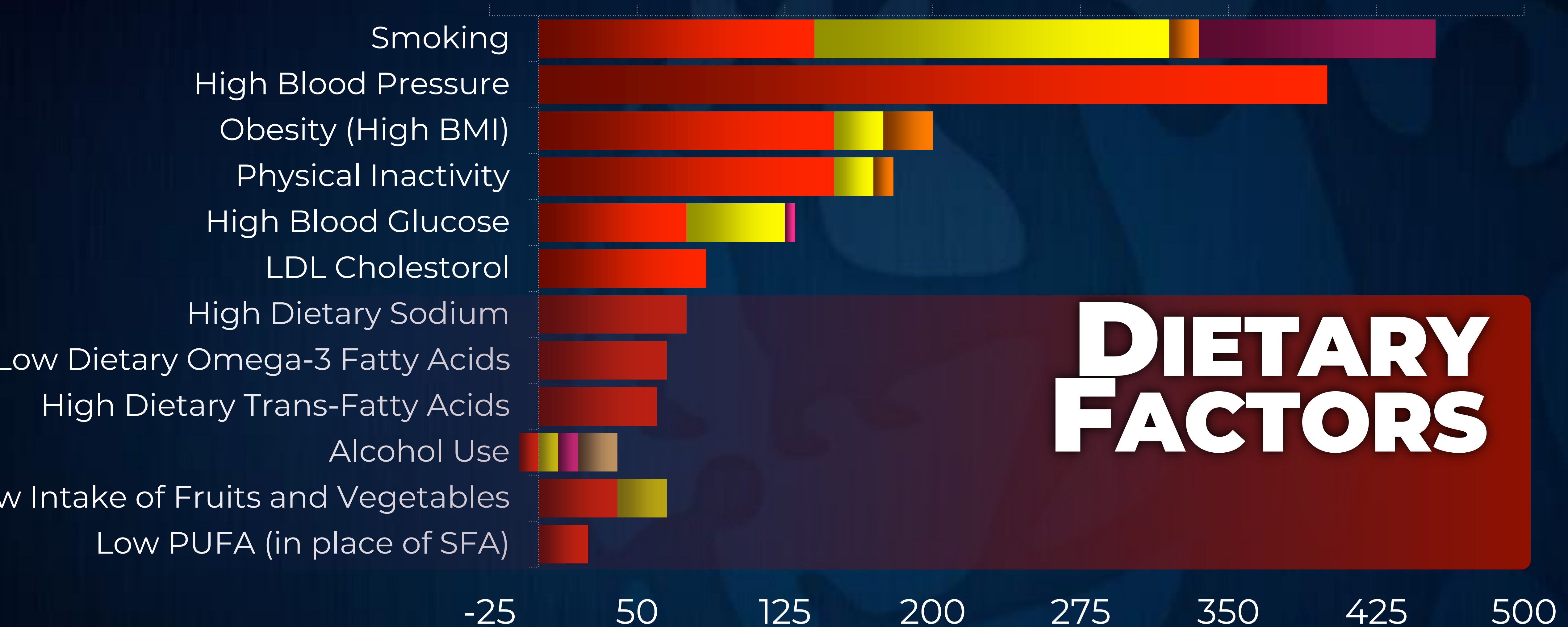
– Dr. Myron Wentz

2/3 Healthcare Dollars Spent on Elderly



Source: Centers for Medicare & Medicaid Services (Current Beneficiary Survey)

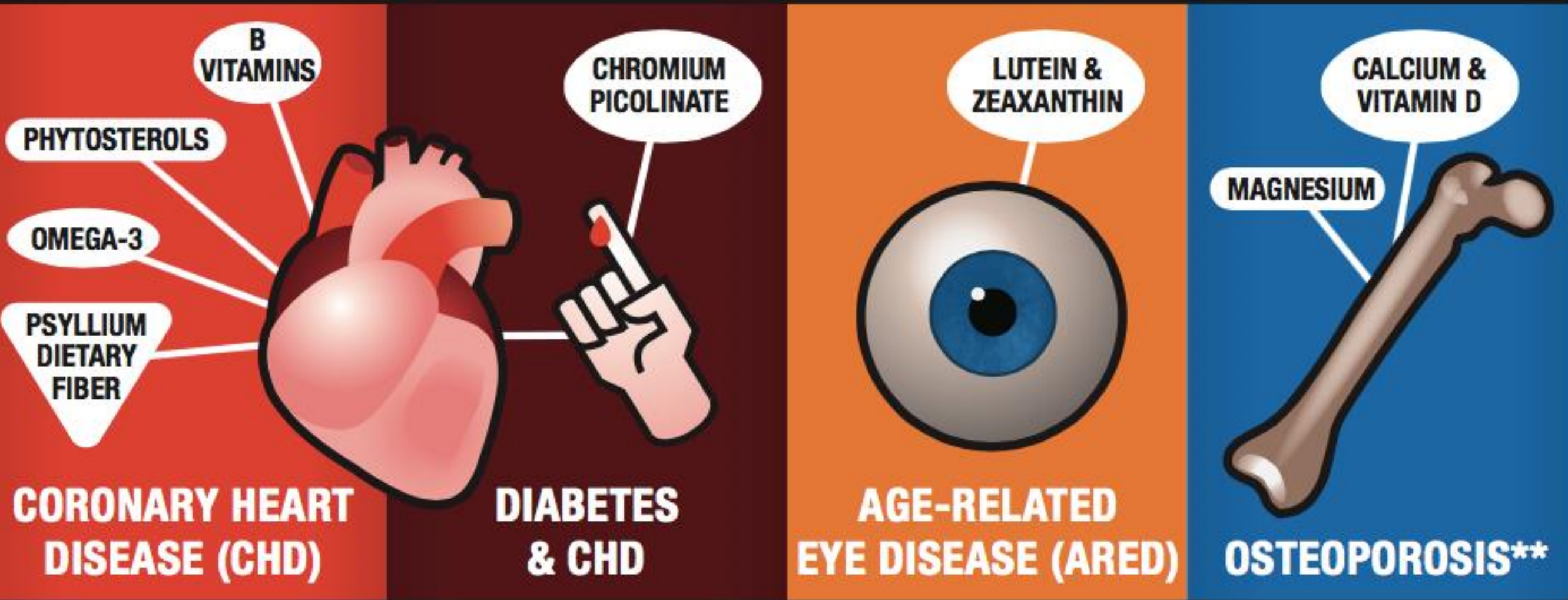
DEATHS Attributable to Individual Risk



DIETARY FACTORS

Supplements as interventions

Taking any of these eight dietary supplements at preventive intake levels* has been shown to reduce the occurrence of medical events related to these four diseases in high risk populations.



Event rate

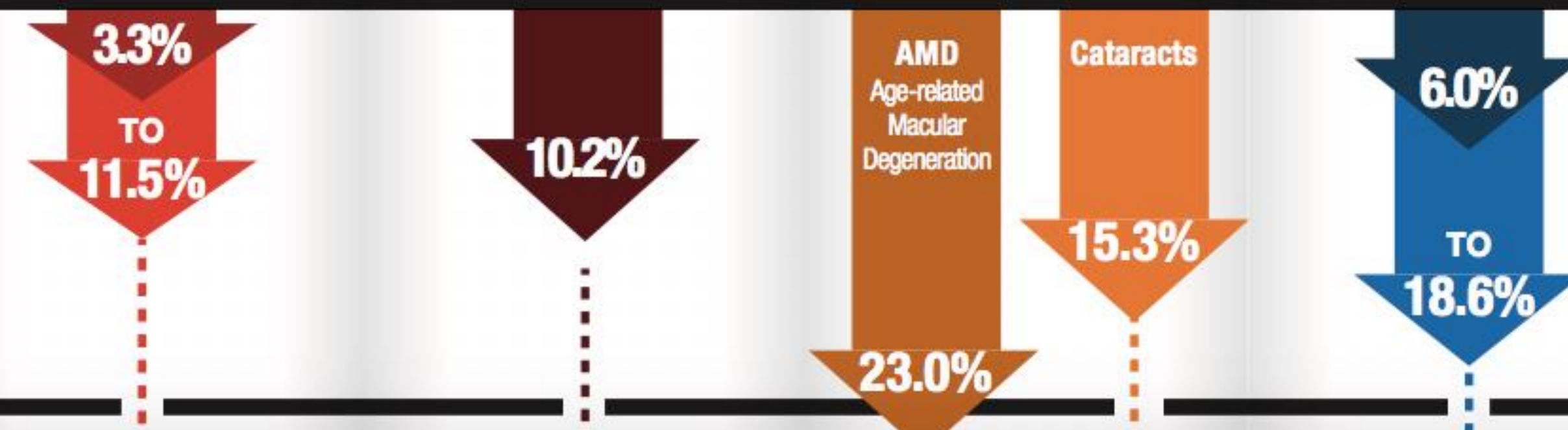
% of targeted population that will experience a medical event per year

Source: Centers for Disease Control and Prevention



Relative risk reduction

The risk of having a medical event is reduced by taking these supplements.



+75%
POPULATION

Supplementation

Nutritional supplementation had a beneficial effect on **muscular activity** and cycling **efficiency** of athletes engaged in heavy exercises, by **reducing fatigue** and enhancing subsequent exercise tolerance.

Vitamin/mineral **improved multi-tasking performance**, and resulted in both **faster** and **more accurate responses**.

Vitamin D and Physical Performance

Treatment of vitamin D–deficient athletes may **improve athletic performance**.

Vitamin D supplementation and training **improved muscle strength**.

Vitamin D plus calcium supplementation **improved femoral bone density**.

Cannell JJ, Hollis BW, Sorenson MB, Taft TN, Anderson JJ. Athletic performance and vitamin D. *Med Sci Sports Exerc.* 2009;41(5):1102-1110.

Bunout D, Barrera G, Leiva L, et al. Effects of vitamin D supplementation and exercise training on physical performance in Chilean vitamin D deficient elderly subjects. *Exp Gerontol.* 2006;41(8):746-752.

Vitamin E and Physical Performance

Supplementing with 200mg of Vitamin E twice daily helped **minimize oxidative damage** in alpinists.

Supplementation with 100 to 200mg of vitamin E daily can be recommended for all endurance athletes to **minimize exercise-induced oxidative damage** and to reap the full health benefits of exercise.

Kechijan D. Optimizing nutrition for performance at altitude: a literature review. J Spec Oper Med. 2011;11(1):12-17.

Takanami Y, Iwane H, Kawai Y, Shimomitsu T. Vitamin E supplementation and endurance exercise: are there benefits?. Sports Med. 2000;29(2):73-83.

Athlete Diets

Low total energy intake contributed to insufficient antioxidant vitamins intake.

Except one, all the athletes consumed insufficient vitamin E.

Vitamin A and vitamin C were also frequently low.

Overall analysis revealed a low intake of fruits and vegetables.

WHAT
you put in your mouth
MATTERS



WHY

do I need to worry
about nutrition?

WHAT

are the right
levels of
nutrients?

HOW

is the industry regulated?



Conventional **WISDOM**

EAT a balanced diet.

Heathy fats

Fruits and vegetables

Complex carbohydrates

Complete protein

Nutrition Facts

Serving Size 350 g

Amount Per Serving

Calories 880 Calories from Fat 459

% Daily Value*

Total Fat 51g 78%

Saturated Fat 20g 100%

Trans Fat

Cholesterol 200mg 67%

Sodium 1520mg 63%

Total Carbohydrate 50g 17%

Dietary Fiber 4g 16%

Sugars 9g

Protein 15g

Vitamin A 40% • Vitamin C 10%

Calcium 25% • Iron 40%

*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.

NutritionData.com

FAST FOOD



DEFICIENCIES

In North American Diet

MEN (19+)	NUTRIENT	WOMEN (19+)
89%	Vitamin E	97%
63%	Calcium	88%
64%	Magnesium	67%
11%	Zinc	36%
57%	Vitamin A	48%
40%	Vitamin C	38%
7%	Vitamin B6	28%
59%	Vitamin D	59%

RDAs Are Not Enough!



NUTRITION INFORMATION
Serving size: 250ml
Prepared as directed

Energy	401kJ	7%
Protein	2.5g	5%
Total Fat	1.8g	4%
Carbohydrate	11.2g	24%
Sugars	1.0g	2%
Sodium	100mg	20%

NUTRITION INFORMATION
Servings per package: 2
Serving size: approximately 1/2 cup
when prepared according to directions

Energy	146kJ	86%
Protein	1.9g	3.8%
Fat, total	0.6g	1.2%
-saturated	0.1g	0.2%
Carbohydrate	5.5g	11%
-sugars	4.0g	8%
Sodium	620mg	12.4%

NUTRITION INFORMATION
Serving size: 1 heaped Scoop (20g)
Serving Per Container 70

Amount Per Serving	Calories from Fat 10
Calories 10	% Daily Value*
Total Fat 1.0g	2%
Total Fat 0.5g	1%
Total Fat 1.5g	3%
Total Fat 2.0g	4%
Total Fat 2.5g	5%
Total Fat 3.0g	6%
Total Fat 3.5g	7%
Total Fat 4.0g	8%
Total Fat 4.5g	9%
Total Fat 5.0g	10%
Total Fat 5.5g	11%
Total Fat 6.0g	12%
Total Fat 6.5g	13%
Total Fat 7.0g	14%
Total Fat 7.5g	15%
Total Fat 8.0g	16%
Total Fat 8.5g	17%
Total Fat 9.0g	18%
Total Fat 9.5g	19%
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Total Fat 6.5g	13%
Total Fat 7.0g	14%
Total Fat 7.5g	15%
Total Fat 8.0g	16%
Total Fat 8.5g	17%
Total Fat 9.0g	18%
Total Fat 9.5g	19%
Total Fat 10.0g	20%

INGREDIENTS
Water, Sugar, Protein, Essential Amino Acids, Branch Chain Amino Acids



RDAs

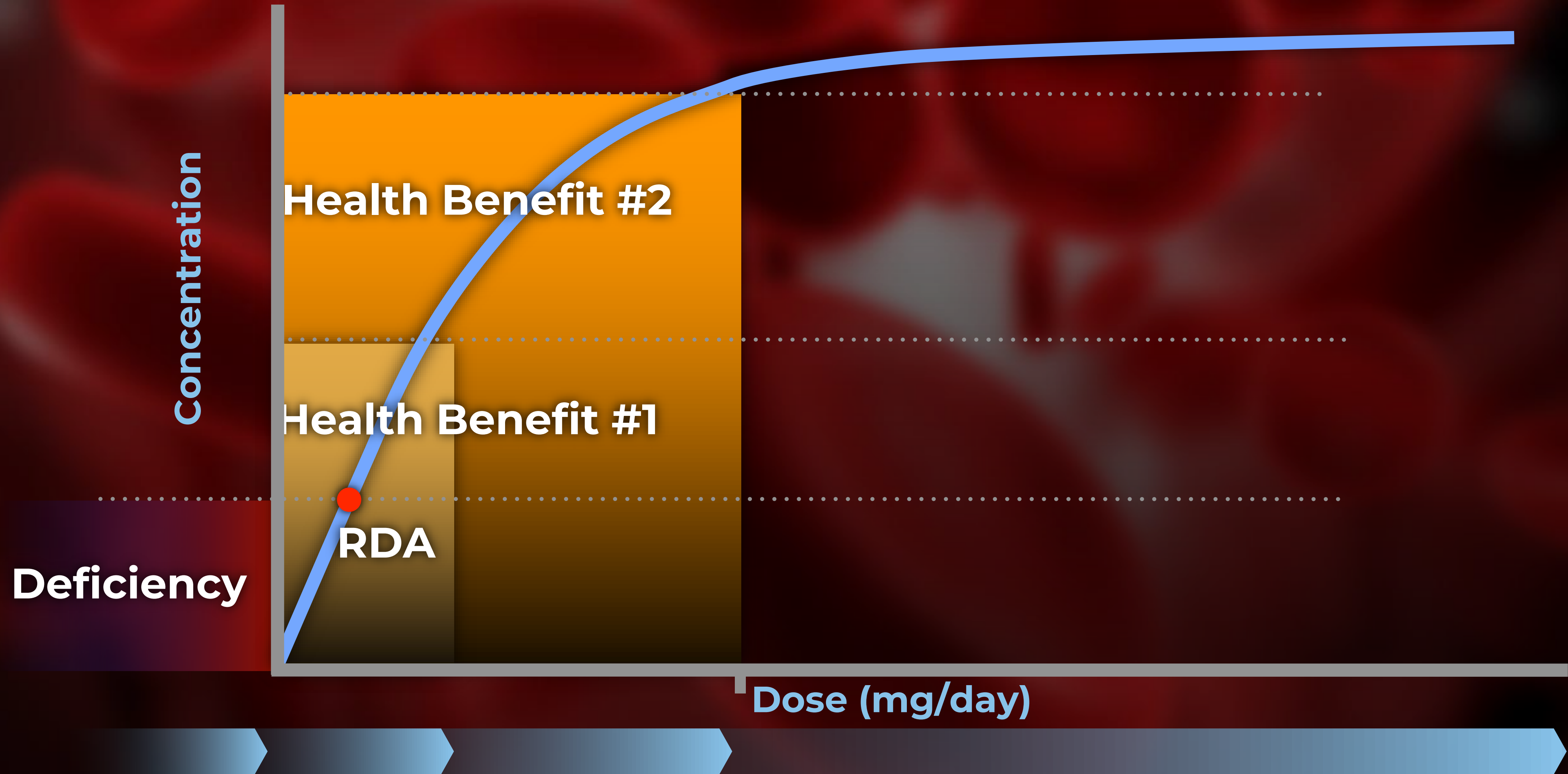
MINIMAL AMOUNTS of essential nutrients established to **PREVENT DEFICIENCY.**

NOT designed as **OPTIMAL LEVELS** of nutrient intake.

An RDA is like having a **POVERTY LEVEL INCOME.**

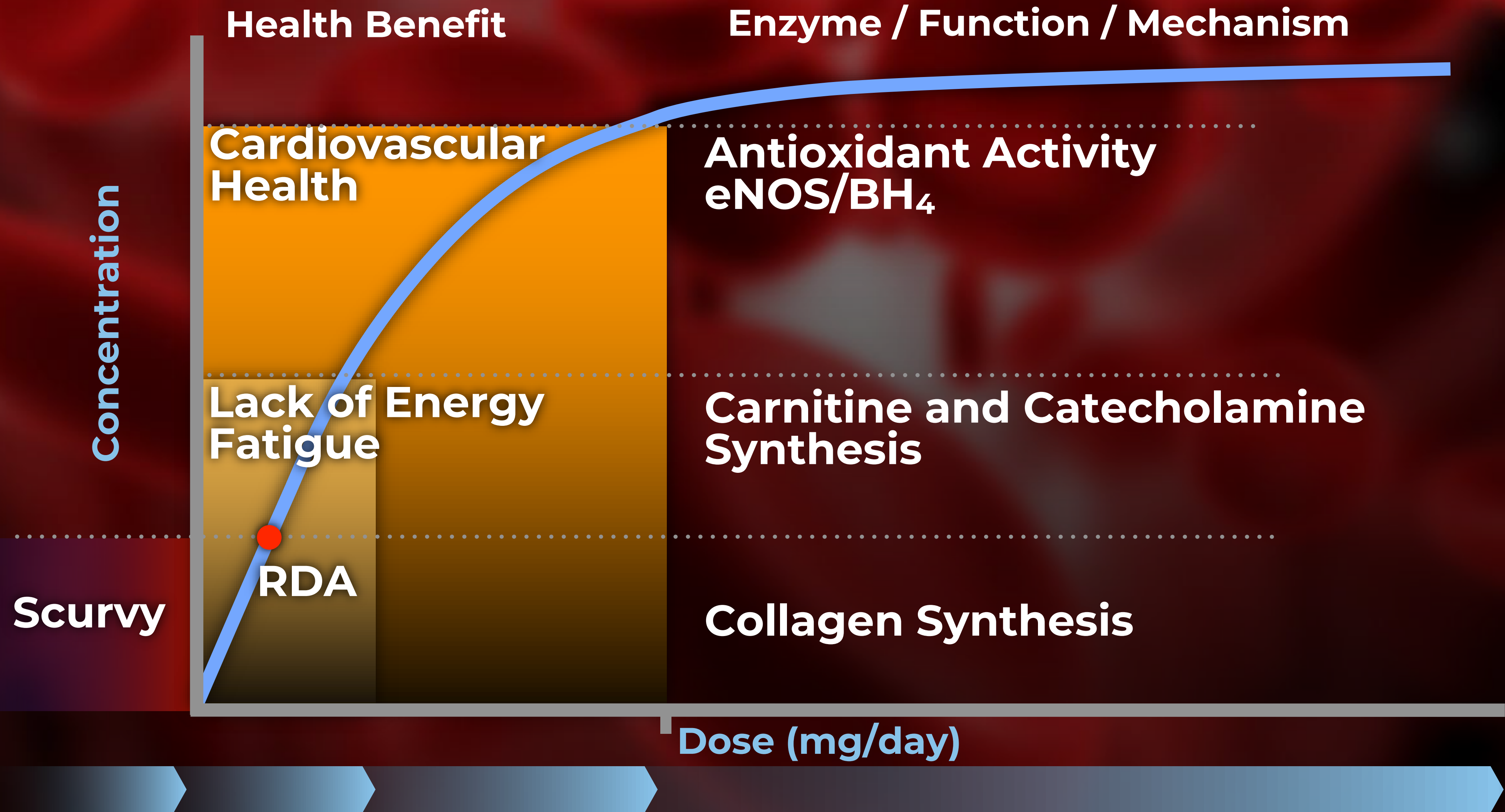
Blood
Nutrient

CONCENTRATION



Blood
Vitamin C

CONCENTRATION



VITAMIN C

**ENERGY PRODUCTION,
ANTIOXIDANT CAPACITY,
HEART HEALTH**

RDA

40-125 mg/day

OPTIMAL

1,000+ mg/day



Studies in over 105,000 people

VITAMIN C

1,000 mg



10 glasses = 4184 kJ (1,120 cal)



x10

VITAMINE

DECREASES

many heart risks

RDA

6-28.5 IU

OPTIMAL

200 IU

Epidemiological studies in over 250,000 people.



DRY ROASTED
ALMONDS

200 IU

VITAMIN E

.75 kilos/1.5 pounds

18,740 KJ (4479 CAL)



VITAMIN D



LINKS to immune function,
glucose metabolism, bone density,
muscle function, and heart health

RDA

400-800 IU/day

OPTIMAL

4,000 IU/day

VITAMIN D

4,000 IU



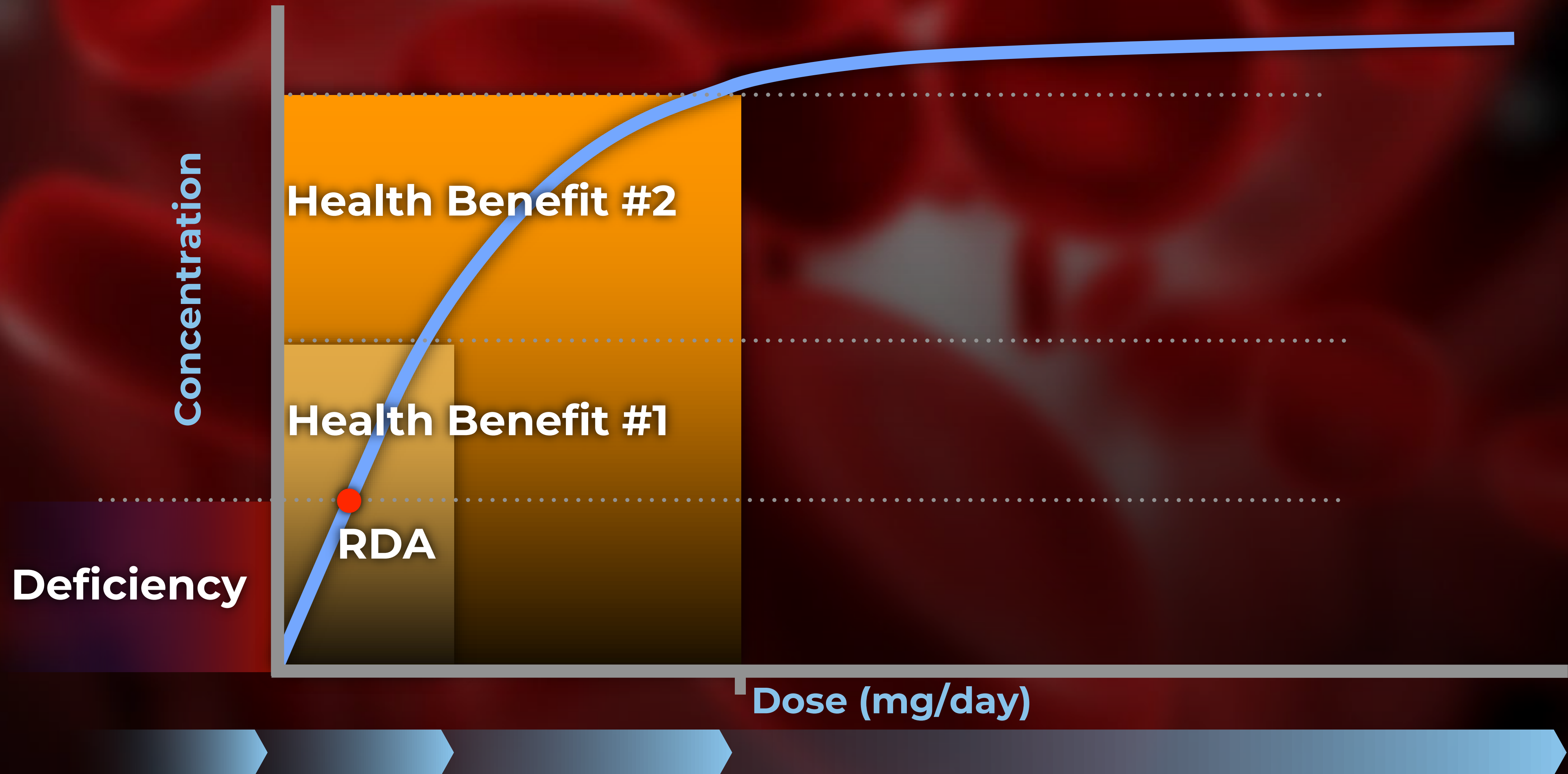
34 GLASSES

12,452 kJ / 2976 cal (four liters)



Blood
Nutrient

CONCENTRATION



WHY

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How

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To **DEVELOP** and **PROVIDE**
the HIGHEST QUALITY,
SCIENCE-BASED
health
products ...

The image shows a modern glass building facade with a large sign for USANA Health Sciences. The sign features a stylized globe logo at the top, followed by the company name 'USANA' in a large, bold, blue font, and 'HEALTH SCIENCES' in a smaller, blue font below it. At the bottom of the sign, the tagline 'your health. your life. your way.' is written in a smaller, blue font. The building is set against a clear blue sky, and some green foliage is visible in the foreground on the left side.

USANA[®]
HEALTH SCIENCES
your health. your life. your way.[™]

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USANA[®]
HEALTH SCIENCES
your health. your life. your way.[™]

CLINICAL STUDIES



CLINICAL STUDIES

BASELINE

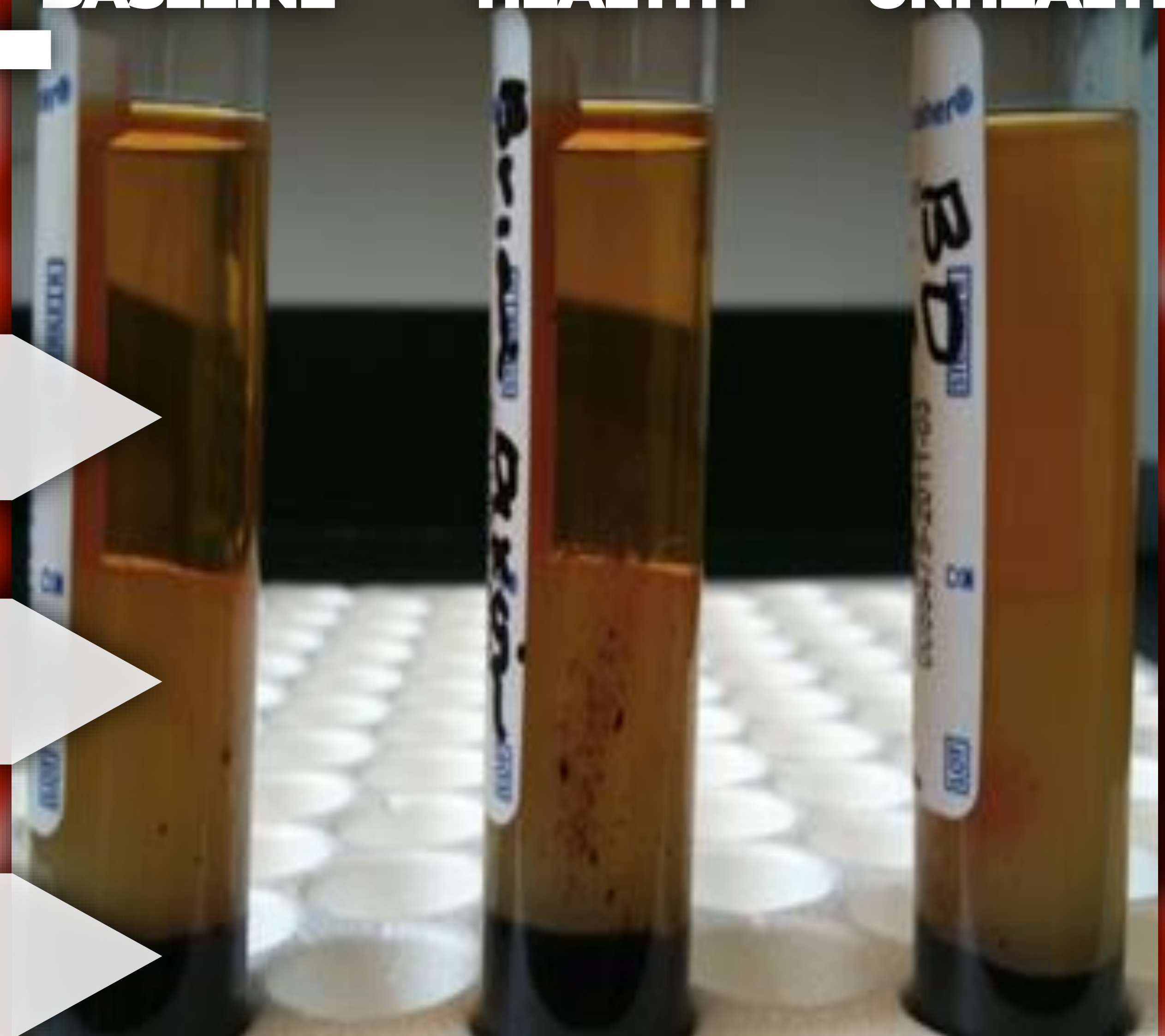
HEALTHY

UNHEALTHY

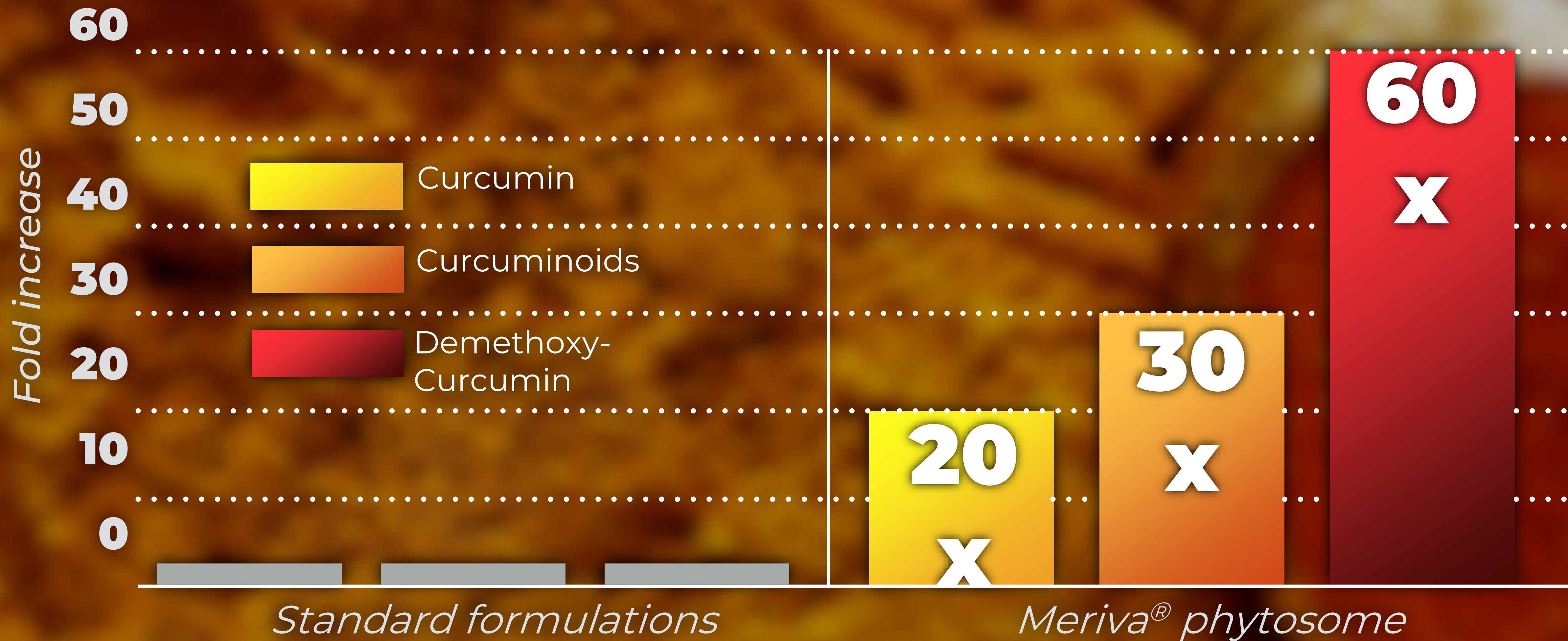
SERUM

SEPARATOR

BLOOD CELLS



MERIVA[®] bioavailable curcumin



Comparative Absorption of a Standardized Curcuminoid Mixture and Its Lecithin Formulation

John Cuomo^{*†}, Giovanni Appendino^{*‡}, Adam S. Dern[†], Erik Schneider[†], Toni P. McKinnon[†], Mark J. Brown[†], Stefano Togni[§], and Brian M. Dixon[†]

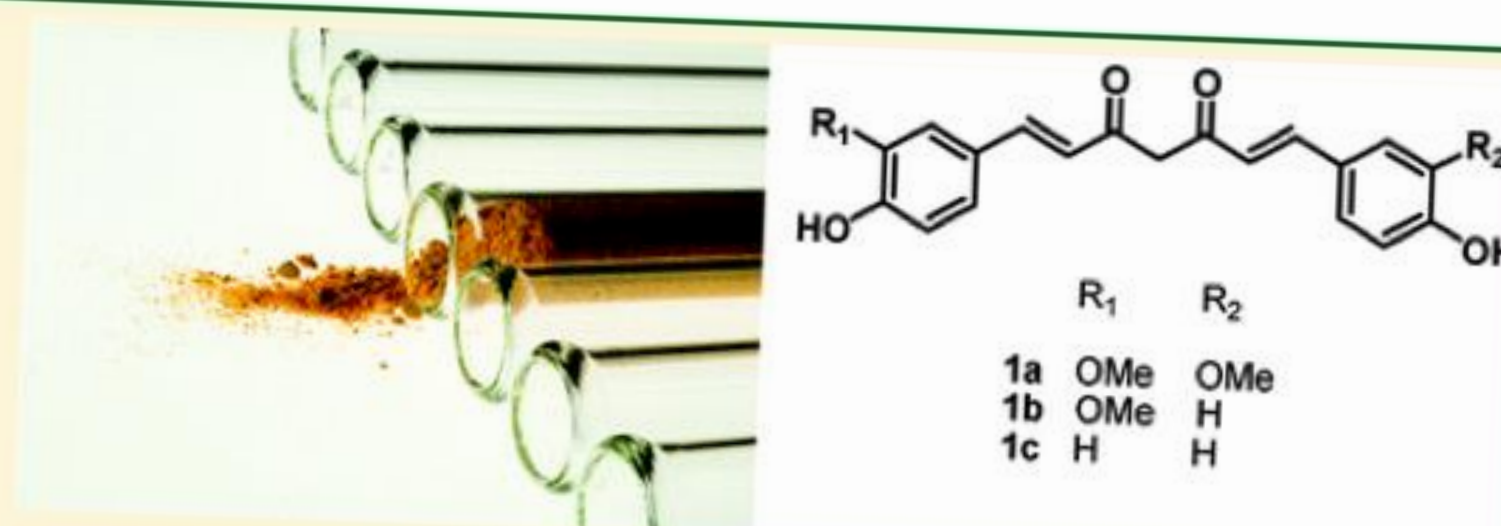
[†] USANA Health Sciences, Inc., 3838 West Parkway Boulevard, Salt Lake City, Utah 84120, United States

[‡] Dipartimento di Scienze Chimiche, Alimentari, Farmaceutiche e Farmacologiche, Università degli Studi del Piemonte Orientale, Via Bovio 6, 28100, Novara, Italy

[§] Indena S.p.A., Viale Ortles 12, 20139 Milano, Italy

ABSTRACT: The relative absorption of a standardized curcuminoid mixture and its corresponding lecithin formulation (Meriva) was investigated in a randomized, double-blind, crossover human study. Clinically validated dosages were used for both products, and plasma levels of all three major curcuminoids [curcumin (1a), demethoxycurcumin (1b), and bisdemethoxycurcumin (1c)] were evaluated. Total curcuminoid absorption was about 29-fold higher for Meriva than for its

corresponding unformulated curcuminoid mixture, but only phase-2 metabolites could be detected, and plasma concentrations were still significantly lower than those required for the inhibition of most anti-inflammatory targets of curcumin. Remarkably, phospholipid formulation increased the absorption of demethoxylated curcuminoids much more than that of curcumin (1a), with significant differences in plasma curcuminoid profile between Meriva and its corresponding unformulated curcuminoid mixture. Thus, the major plasma curcuminoid after administration of Meriva was not curcumin (1a), but demethoxycurcumin (1b), a more potent analogue in many *in vitro* anti-inflammatory assays. The improved absorption, and possibly also a better plasma curcuminoid profile, might underlie the clinical efficacy of Meriva at doses significantly lower than unformulated curcuminoid mixtures.



There are three major polyphenols, called curcuminoids, extracted from the turmeric root. More specifically, these are curcumin (1a), demethoxycurcumin (1b), and bis-demethoxycurcumin (1c) (Figure 1). Curcuminoids have been widely used in cooking and in medicine for their antioxidant, anti-inflammatory, and anticancer properties. For example, curcumin inhibits COX2, involved in pain and inflammation; and TNF[1], involved in systemic inflammation associated with several autoimmune disorders. This is only a snapshot of the many endpoints that curcumin targets. Though both *in vitro* and *in vivo* studies have shown that curcuminoids

Poor bioavailability stems from the insolubility of curcuminoids in water and lipophilic solvents. Attempts to circumvent solubility issues have been successful in the form of phytosomal formulations. Meriva® is a 1:2 phytosomal formulation of curcuminoids and lecithin, of which phosphatidylcholine (PC) is a major component. More importantly, PC is amphipathic; it has a positively charged headgroup and two long, neutral tailgroups, allowing for miscibility in both water and lipophilic solvents[2]. Analytical studies



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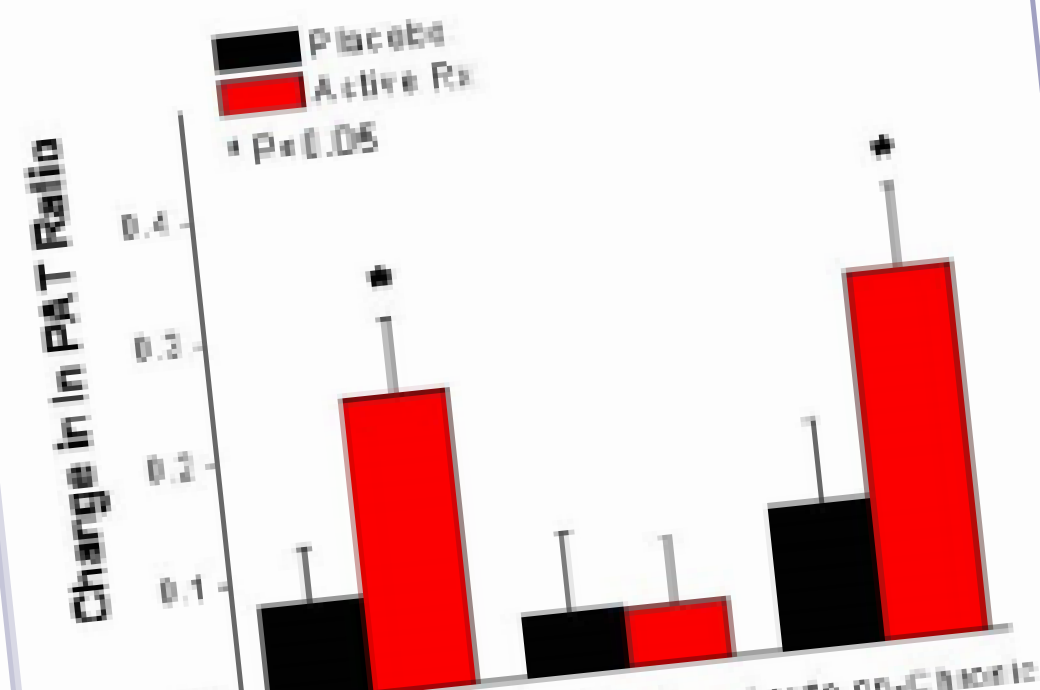
[Close Window](#)

Control/Tracking Number: EPI-10-A-590-AHA
Activity: Abstract
Current Date/Time: 10/1/2009 3:55:01 PM

Chronic Study of the Effect of Grape Seed Extract plus Ascorbic Acid on Endothelial Function in Patients with Coronary Artery Disease

Author Block: Sherene M Shenouda, Naomi M Hamburg, Monika Holbrook, William Chung, Tara Caiano, Mai-Ann Duess, Matthew Kluge, Boston Univ Sch of Med, Boston, MA; Vasily Chernyshev, USANA Health Sciences, Inc, Salt Lake City, UT; Corey Tabit, Boston Univ Sch of Med, Boston, MA; Tomi McKinnon, Tim Wood, John Cuomo, Brian Dixon, Natalie Eich, USANA Health Sciences, Inc., Salt Lake City, UT; Joseph A. Vita, Boston Univ Sch of Med, Boston, MA

Abstract: Epidemiologic studies suggest that higher dietary flavonoid intake is associated with a reduced cardiovascular risk. Flavonoids are antioxidant polyphenols found in grapes, tea, chocolate and other fruits and vegetables. Endothelial dysfunction contributes to the pathogenesis of atherosclerosis. Recent studies have shown a beneficial effect of grape juice consumption on endothelial function. However, the volume required to consume adequate amounts of such juices may be challenging and potentially pose adverse effects due to the high sugar content. Additionally, acute treatment of patients with coronary artery disease (CAD) with the antioxidant ascorbic acid has been shown to reverse endothelial dysfunction. We performed a double-blind, randomized, placebo-controlled crossover study to examine the effects of grape seed extract (450 mg/day, USANA Health Sciences, Inc.) in combination with ascorbic acid (1.5 g/day) for 4 weeks in subjects with clinically proven CAD (n=42, age 60±11, 26% female). We measured plasma epicatechins and 8-isoprostane levels as well as assessed endothelium-dependent flow-mediated vasodilation by fingertip pulse amplitude tonometry (PAT). Following active treatment there was a significant increase in ascorbic acid and epicatechin levels (p<0.001 overall treatment over time vs. baseline) and a significant decrease in SIN-1 induced lipid peroxidation in plasma demonstrating the antioxidant effect of treatment. As shown in Figure 1, we observed a significant improvement in the PAT hyperemic response four hours after acute and acute-on-chronic treatments (p<0.05), but no effect following chronic treatment. These findings demonstrate the potential benefits of acute concentrated grape seed extract supplementation via the protective effect on endothelial microvasculature function and reduced oxidative stress in patients with CAD.

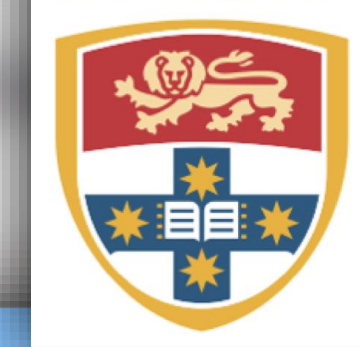
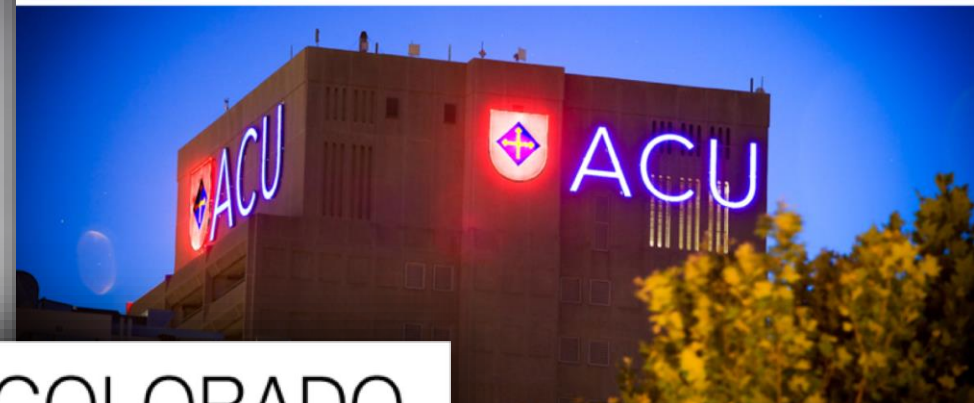




Linus Pauling Institute
Micronutrient Research for Optimum Health



AUSTRALIAN CATHOLIC UNIVERSITY



THE UNIVERSITY OF
SYDNEY



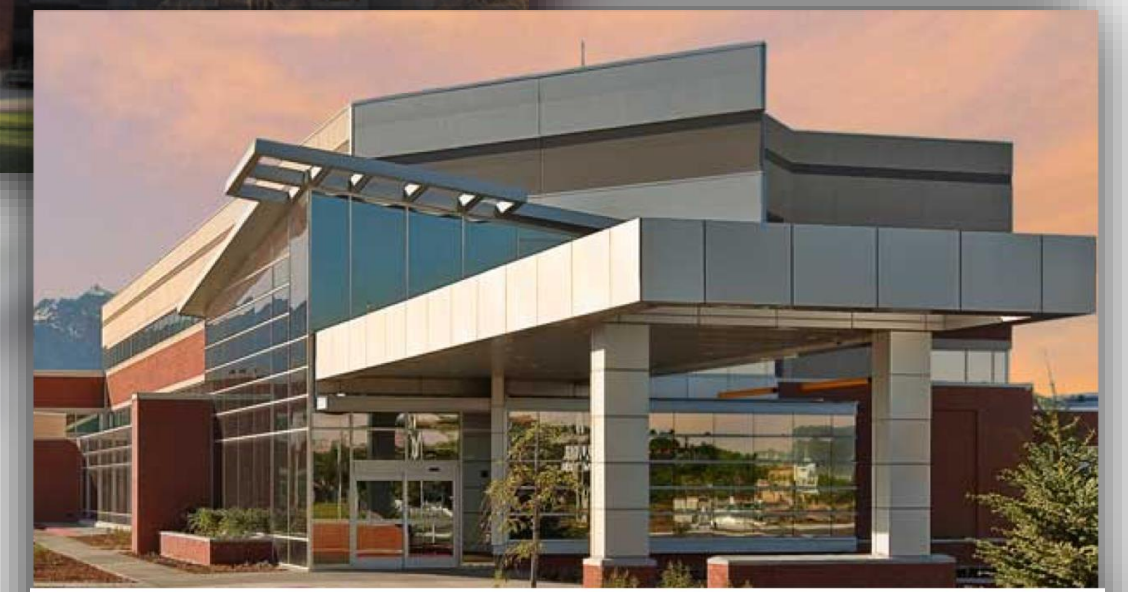
The University of Utah
School of Medicine



UNIVERSITY OF COLORADO
HEALTH SCIENCES CENTER AT DENVER



BOSTON
UNIVERSITY
SCHOOL of
Medicine



Intermountain®
TOSH – The Orthopedic
Specialty Hospital

USANA SCIENTIFIC PARTNERSHIPS



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Control/Tracking Number: EPI-10-A-59
Activity: Abstract
Current Date/Time: 10/1/2009 3:55:01 P
Chronic Study of the Effect of Grape S

Author Block: Sherene M Shonoda,
Sch of Med, Boston, MA; Vasilij Chem
McKinnon, Tim Wood, John Cuomo, B
Boston, MA

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induced lipid peroxidation in plas
PAT hyp...
demonst...
function...

NATURAL PRODUCT JOURNAL

Comparative Absorption of Its Lecithin Formulation

John Cuomo*†, Giovan
Mark J. Brown†, Stefan

† USANA Health Sciences,
‡ Dipartimento di Scienze
Via Bovio 6, 28100, Novara
§ Indena S.p.A., Viale Ort

ABSTRACT: The relative bioavailability of a curcuminoid mixture and its active ingredient (Meriva) was investigated in a crossover human study. The study included 12 healthy subjects who received either the curcuminoid mixture or Meriva for both products, and plasma levels of curcuminoids [curcumin and bisdemethoxycurcumin] were measured. The results showed that the curcuminoid mixture had a significantly higher bioavailability than Meriva.

OBSESITY TREATMENT

A systematic review of meal replacement products

Nerys M. Astbury
Sophia Lapworth

¹Nuffield Department of Primary Care Sciences, University of Oxford
²National Institutes for Health Research (NIHR) Oxford Biomedical Research Centre, Oxford, UK

Correspondence: Nerys M. Astbury, Nuffield Primary Health Care Sciences, Oxford, Radcliffe Care, Research Quarter, Woodstock Road, Oxford, UK.
Email: nerys.astbury@phc.ox.ac.uk

Funding information: National Institute of Health Research, Collaboration for Leadership in Applied Research and Care Oxford Health Research Centre



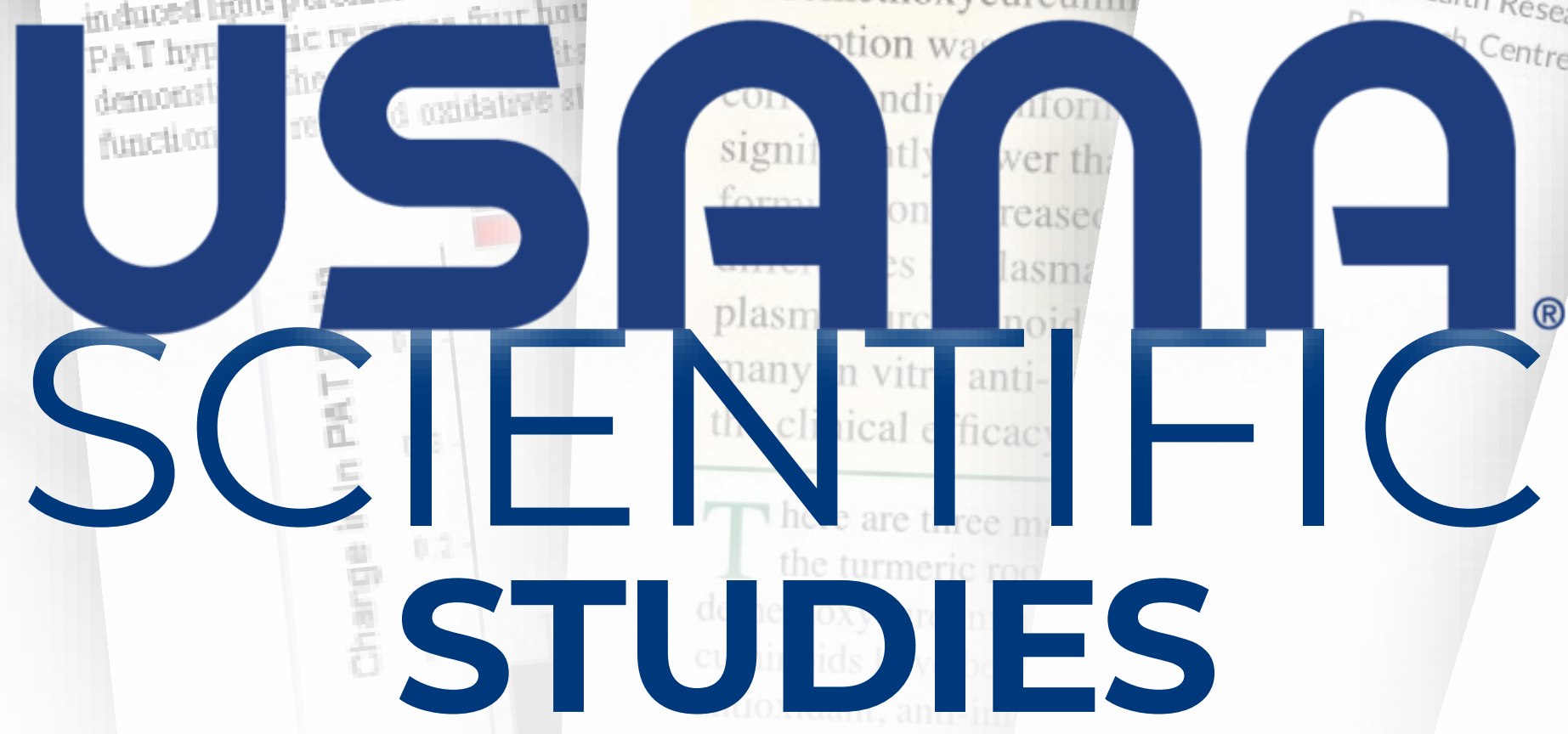
Fruit and Juice Epigenetic Signatures Are Associated with Independent Immunoregulatory Pathways

Communication
Jessie Nicodemus-Johnson* and Robert A. Sinnott
USANA Health Sciences, 3838 W Parkway Boulevard, West Valley City, UT 84120, USA;
robert.sinnott@us.usana.com
* Correspondence: Jessie.Johnson@us.usana.com; Tel.: +1-801-954-7317
Received: 18 May 2017; Accepted: 11 July 2017; Published: 14 July 2017

Abstract: Epidemiological evidence strongly suggests that fruit consumption promotes many health benefits. Despite the general consensus that fruit and juice are nutritionally similar, epidemiological results for juice consumption are conflicting. Our objective was to use DNA methylation marks to characterize fruit and juice epigenetic signatures within PBMCs and identify shared and independent signatures associated with these groups. Genome-wide DNA methylation marks (Illumina Human Methylation 450k chip) for 2,148 individuals that participated in the Framingham Offspring exam 8 were analyzed for correlations between fruit or juice consumption using standard linear regression. CpG sites with low *P*-values (*P* < 0.01) were characterized using Gene Set Enrichment Analysis (GSEA), Ingenuity Pathway Analysis (IPA), and experimentally derived Functional Element Overlap analysis of ReGions from EWAS (eFORGE). Fruit and juice-specific low *P*-value epigenetic signatures were largely independent. Genes near the fruit-specific epigenetic signature were enriched among pathways associated with antigen presentation and chromosome or telomere maintenance, while the juice-specific epigenetic signature was enriched for proinflammatory pathways. IPA and eFORGE analyses implicate fruit and juice-specific epigenetic signatures in the modulation of macrophage (fruit) and B or T cell (juice) activities. These data suggest a role for epigenetic regulation in fruit and juice-specific health benefits and demonstrate independent associations with distinct immune functions and cell types, suggesting that these groups may not confer the same health benefits. Identification of such differences between foods is the first step toward personalized nutrition that ultimately the improvement of human health and longevity.

Keywords: personalized nutrition; DNA methylation; fruit consumption; juice consumption

1. Introduction



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USANA[®]
HEALTH SCIENCES
your health. your life. your way.[™]

The

USANA

DIFFERENCE

Materials

Formulas

Manufacturing

Improvement

Monitoring

= QUALITY

Year: 2018

STATE OF UTAH
DEPARTMENT OF AGRICULTURE AND FOOD

Certificate No: 56808

P.O. Box 146500 Salt Lake City UT 84114-6500 <http://ag.utah.gov> Phone: 801-538-7100

CERTIFICATE OF REGISTRATION FOR
Food Establishment

USANA HEALTH SCIENCES INC
3838 W PKY BLVD
SALT LAKE CITY UT 84120-6336



Category: SUPER

Registration Expires: 12/31/2018


Australian Government
Department of Health
Therapeutic Goods Administration

Certificate of GMP Compliance of a Manufacturer

Certificate Number:
MI-2015-CE-09158-1

Issued to:
Usana Health Sciences Inc.

Manufacturing Site Address:
3838 West Parkway Boulevard
Salt Lake City Utah 84120-6336 United States of America

The Therapeutic Goods Administration, the Competent Authority of Australia, confirms that this manufacturer has been inspected following section/s 25(1)(g), 26(1)(g) and/or 26A(3) of the Therapeutic Goods Act 1989 in connection with marketing authorisation/s listing manufacturers located outside Australia.

From the knowledge gained during inspection of this manufacturer, the latest of which was conducted on 24 October 2016 to 26 October 2016, it is considered that the manufacturer complies with the Good Manufacturing Practice requirements of the PIC/S Guide to Good Manufacturing Practice for Medicinal Products – 15 January 2009.

This certificate reflects the status of the manufacturing site at the time of the inspection above. This certificate remains valid until the expiry date provided that re-inspection conducted as determined by the Therapeutic Goods Administration as the issuing authority. This certificate should not be relied upon to reflect the compliance status after the expiry date.

EXPIRY DATE: 26 April 2021
ISSUE DATE: 16 March 2017

.....
of an authorised person of the Competent A.
.....
Inspector

FDA REC



CERTIFICATE OF REGISTRATION

FY2019

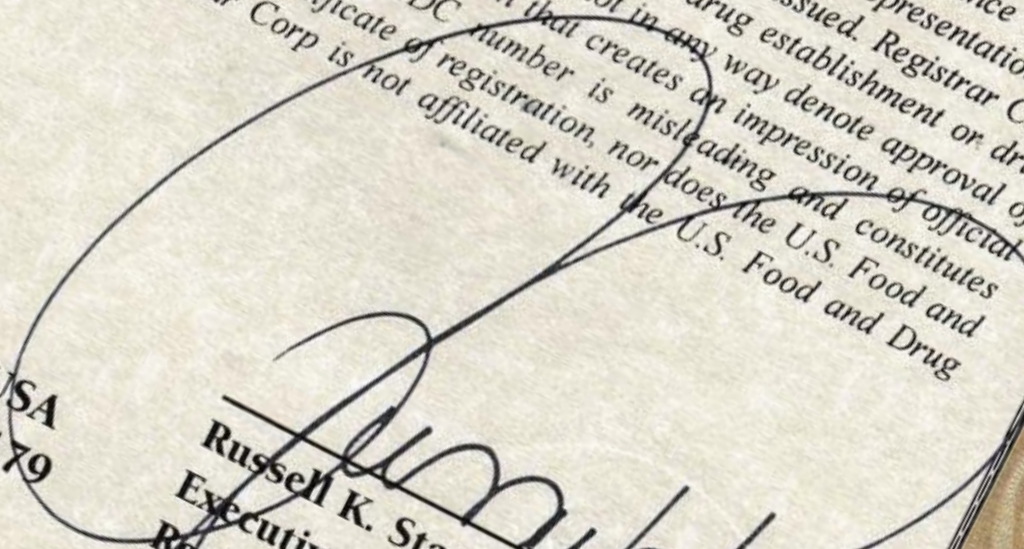
This certifies that:
USANA Health Sciences, Inc.
3838 Parkway Blvd
Salt Lake City, UT 84120
United States

is registered with the U.S. Food and Drug Administration for the statutory filing period applicable to U.S. FY 2019 pursuant to part 207 of Title 21, U.S. Code of Federal Regulations.

DUNS Number: 80-441-3250
Labeler Code: 51861
FEL: 0001720505
Registrant Contact: Registrar Corp
144 Research Drive, Hampton, Virginia, 23666, USA
Telephone: +1-757-224-0177 • Fax: +1-757-224-0179

Filing was performed during the October 1 - December 31, 2019, Registrar Corp will confirm that such registration remains effective until the next statutory period of October 1 - December 31, 2019. Registrar Corp makes no other representations or warranties, nor does this certificate make any representations or warranties to any person or entity other than the named certificate holder, for whose sole benefit it is issued. Registrations or request and presentation of this certificate, until the end of the year stated above, unless terminated after issuance of this certificate, assumes no liability to any person or entity in connection with the foregoing. Registration of a drug establishment or drug wholesaler, or assignment of a registration number, or assignment of registration number or NDC number is misleading and constitutes misbranding because of registration or possession of registration number or NDC number is misleading and constitutes misbranding. The U.S. Food and Drug Administration does not issue a certificate of registration, nor does the U.S. Food and Drug Administration recognize a certificate of registration. Registrar Corp is not affiliated with the U.S. Food and Drug Administration.

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Russell K. St...
Executive Director

ext



United States Pharmacopeia Quality Systems GMP Audited Certificate Dietary Supplement Manufacturing

Certificate Number: QSGMP-UHS-01
Valid: April 25, 2018 – September 30, 2018
Initial Verification Date: April 25, 2018

Name of Holder: Usana Health Sciences, Inc.
Manufacturing Site Address: 3838 West Parkway Blvd., Salt Lake City, UT 84120

Usana Health Sciences, Inc. voluntarily applied for a Good Manufacturing Practice (GMP) audit of their facility under the USP Quality Systems GMP Audited Verification Program. During the verification process, USP conducted an on-site GMP audit of the manufacturing site referenced above. After auditing the facility and examining the information the manufacturer provided to USP during the GMP auditing process, USP finds that the dietary supplement manufacturer's quality system provides sufficient assurance that the site referenced above meets the applicable GMP audit requirements set forth in the 21 Code of Federal Regulations Part 111- Current Good Manufacturing Practice in Manufacturing, Packaging, Labeling, or Holding Operations for Dietary Supplements, and in USP General Chapter <2750> Manufacturing Practices for Dietary Supplements, in the current edition of the United States Pharmacopeia-National Formulary.

The assessment represents a GMP audit conducted 6-8 June 2017. This certificate reflects the status of the manufacturing site at the time of the inspection previously noted. In order to maintain verification status, manufacturing, packaging, labeling and holding operations of dietary supplements must continue to take place under the same conditions under which the firm was audited.

USP is pleased to award this certificate to Usana Health Sciences, Inc.

John B. Atwater

John B. Atwater, Ph.D.
Senior Director, USP Verification Programs

This GMP certificate for the period stated above or until any major change in the manufacturer's quality systems has taken place, as defined in the license agreement and/or the USP Quality System's GMP Audited Mark License Agreement, shall render this certificate void, and the right to use the USP Quality Systems GMP Audited Mark shall be voided. Failure to comply with the provisions of the manual or the license agreement shall render this certificate void, and the right to use the USP Quality Systems GMP Audited Mark shall be voided. For more information, call 1-800-827-3116 or visit www.uspverified.org.

by USP





GMP Registered
Dietary Supplements

NSF INTERNATIONAL

789 N. Dixboro Road, Ann Arbor, Michigan 48105 USA
+1 800 673 6275

NSF International has assessed and confirmed compliance of

USANA Health Sciences, Inc.

Facility: 3838 West Parkway Boulevard, 84120, Salt Lake City, UT, USA

to NSF GMP Registration Program Requirements of NSF/ANSI 173, Section 8

which includes FSMA and cGMP (21 CFR 111), (21 CFR 117)

Print Date: December 26, 2018
Certificate Number: 3N391-173GMPMF-1
Initial Certification: 1/10/2007 2:45:42 PM
Expiration Date: December 31, 2019

Cheryl Luther

Cheryl Luther
General Manager, Dietary
and Beverage C

This certificate is the property of NSF International and must be returned upon request. For the

This certificate is the property of NSF International and must be returned upon request.



KOSHER CERTIFICATE

KC# 5682149 -1
2 Shevat, 5779
January 8, 2019

USANA Health Sciences, Inc.
3838 Parkway Blvd
Salt Lake City, UT 84120

The following products sold by USANA Health Sciences, Inc. are certified Kosher with the listed restrictions.

Name	K-ID	Status	Restriction	Size
Active Calcium Chewable, US (121.010101)	FKK-ZCCS	Pareve	Ⓚ SYMBOL	
Core Minerals, US (102.010104)	VQW-RDQK	Pareve	Ⓚ SYMBOL	
Ginkgo-PS, US (126.010101)	GBF-KKXB	Pareve	Ⓚ SYMBOL	
USANA Vita-Antioxidant, US (103.010104)	FSC-JNXH	Pareve	Ⓚ SYMBOL	
Visionex, US (134.010101)	GKC-CVXZ	Pareve	Ⓚ SYMBOL	

This certificate is VALID UNTIL February 28, 2020



Verify authenticity by entering K-ID at www.digitalkosher.com

RABBI DON YOEL LEVY, Kashruth Administrator



THE ISLAMIC FOOD AND NUTRITION COUNCIL OF AMERICA المجلس الإسلامي الأمريكي للتغذية IFANCA HALAL PRODUCT CERTIFICATE

April 4, 2018

USANA HEALTH SCIENCES, INC.
3838 West Parkway Blvd.
Salt Lake City, UT 84120-6336 USA

Document No: USA.3939. M. 180091.US
Page 1/7

To Whom It May Concern:

This is to certify that USANA HEALTH SCIENCES, INC, SALT LAKE CITY, UTAH, USA, produces Halal products under the supervision of the Islamic Food and Nutrition Council of America (IFANCA) at the following location(s):

Plant Location

- USANA Health Sciences, Inc., Salt Lake City, Utah 84120 USA.
- Wixon Inc., St. Francis, Wisconsin 53235 USA
- Nutra Manufacturing, Greenville, South Carolina 29607 USA

IFANCA Plant #
12946
12671
12978

It is certified that the Softgels products are made with certified Halal Bovine gelatin.

The following products are Halal when bearing the Crescent-M Halal logo.

Product Code	Product Name	Pack Size	IFANCA Plant #
103.250101	AO Pro Tablet	84 tablets	12946
105.191200	Usanimals, ID	56 tablets	12946
105.080103	Usanimals, SG	56 Tablets	12946
105.191200	USANA Usanimals Tablet	56 tablets	12946
110.191200	Proflavanol	56 tablets	12946
110.080101	Proflavanol C100	56 tablets	12946
110.250101	Proflavanol C100	56 tablets	12946
111.080102	Digestive Enzyme	56 tablets	12946
120.250101	Active Calcium Plus Tablet	56 tablets	12946
122.080101	BiOmega	56 tablets	12946
122.250102	BiOmega III Plus	112 tablets	12946
122.280801	BiOmega	56 soft gel capsules	12946
122.191200	BiOmega	56 soft gel capsules	12978
123.080102	CoQuinone 30	56 soft gel capsules	12978
123.191200	CoQuinone 30	56 soft gel capsules	12978
123.250102	CoQuinone	56 soft gel capsules	12978
123.280802	CoQ30	56 soft gel capsules	12978

This certificate is valid until March 31, 2019 and subject to renewal at that time.

Muhammad Munir Chaudry, Ph.D.
President





USANA

is a member of the:

United Natural Product Alliance

International Alliance of Dietary/ Food
Supplement Associations

American Herbal Products Association

Personal Care Products Council

Associations committed to the **SCIENCE** and
QUALITY of dietary supplements, functional
foods, and personal care products.

GLOBAL AGENCIES



Australian Government
Department of Health
Therapeutic Goods Administration

Federal Trade
Commission



Protecting
America's
Consumers



Ministry of Health Malaysia



BADAN POM
Badan Pengawas Obat dan Makanan



Korea Food & Drug Administration
식품의약품안전청



European Food Safety Authority



Instituto Nacional de Vigilancia de Medicamentos y Alimentos,
REG INVIMA 2012DM-0009222



厚生労働省

Ministry of Health, Labour and Welfare



HSA
Health Sciences Authority



China Food and Drug Administration



Cofepris

Comisión Federal para la Protección
contra Riesgos Sanitarios



MANATŪ HAUORA



Health
Canada

THAILAND
FOOD AND DRUG ADMINISTRATION



The Government of the Hong Kong
Special Administrative Region
Department of Health

US EPA



Climate Reg

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Climate Registry

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st 2013

OF AMERICA
المجلس الا

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of





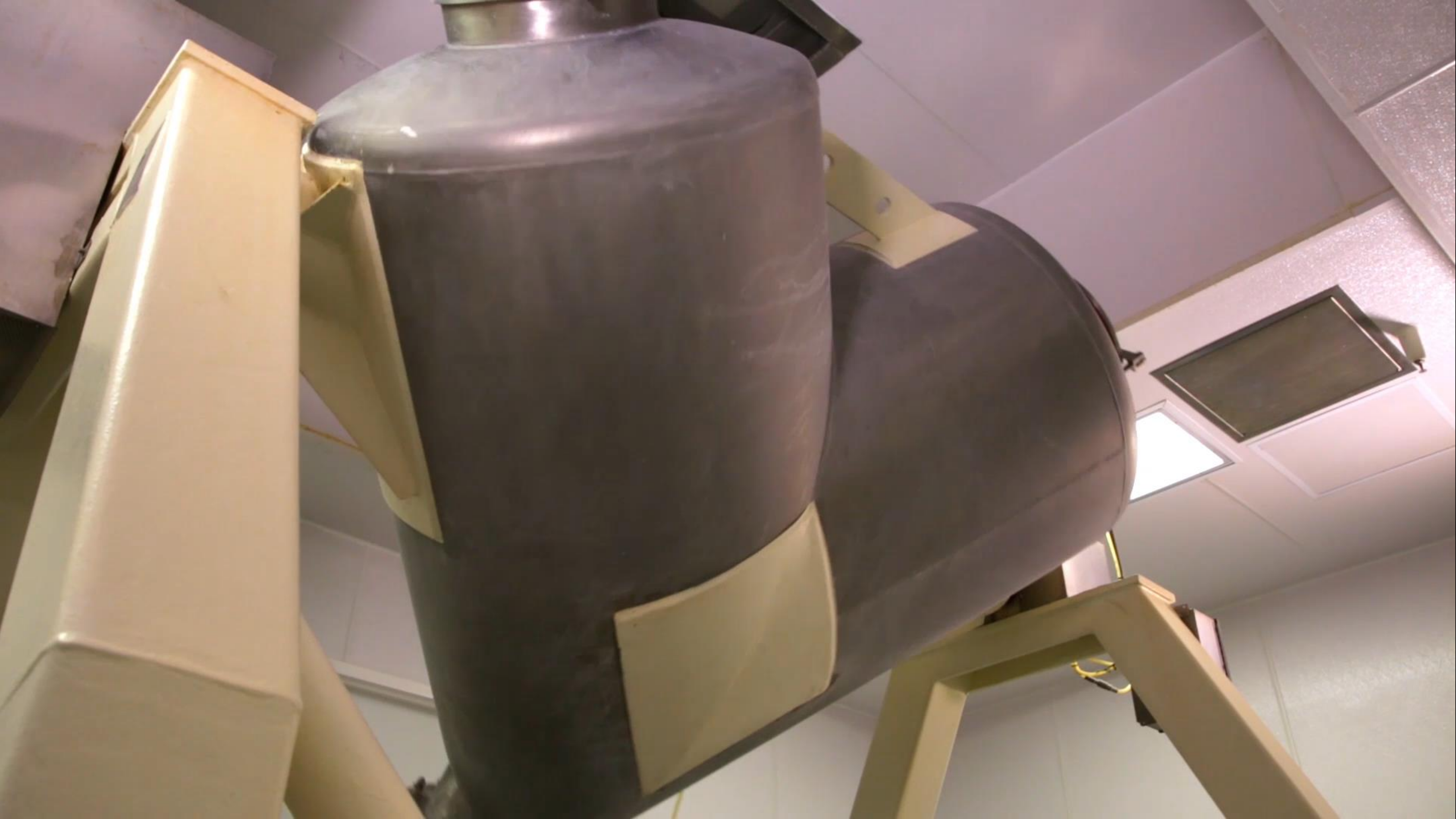


**CAUTION
REMOTE
CONTROLLED
DOOR**

**QUARANTINE
AREA
AUTHORIZED
PERSONNEL
ONLY**













USANA Health Sciences
Mega Antioxidant, US

Item #

103.010103

Lot #

84693L

Empty Date	Approved Pallet Type	Product In Tray
1014	Regular	
Country	PKG Deliver To	Pallet #
US	AV	10

Original QTY:

2,700

QUARANTINE until stamped in Green Ink

USANA
HEALTH SCIENCES
QUARANTINE







USANA[®]

THE CELLULAR NUTRITION COMPANY





**CERTIFIED
SPORT**

***INFORMED-
CHOICE***



Trusted by sport

USANA[®]

ATHLETES

OFFICIAL HEALTH SUPPLEMENT SUPPLIER



葆苾康
USANA

体育·训练局国家队运动员备战保障产品



USSPEEDSKATING



Biathlon Canada



1990



USANA
ATHLETES[®]

\$1 MILLION
GUARANTEE



A large crowd of people is gathered at what appears to be a sporting event or a public demonstration. The scene is filled with people, many of whom are holding up flags or banners. The entire image is overlaid with a semi-transparent red color. In the foreground, a metal crowd control barrier is visible, with some people standing behind it. The background shows a dense crowd of people, some of whom are holding up flags or banners. The overall atmosphere is one of a large-scale public gathering.

THOUSANDS OF ELITE ATHLETES

To **DEVELOP** and **PROVIDE**
the **HIGHEST QUALITY,**
SCIENCE-BASED
health
products ...

A photograph of a modern glass skyscraper under a clear blue sky. The building's facade features a large, stylized blue globe logo at the top. Below the globe, the company name "USANA" is written in large, bold, blue letters, followed by "HEALTH SCIENCES" in smaller blue letters. At the bottom of the visible section, the tagline "your health. your life. your way." is written in a smaller, blue, sans-serif font. The building's glass panels reflect the sky and surrounding greenery.

USANA[®]
HEALTH SCIENCES
your health. your life. your way.[™]

WHY

do I need to worry
about nutrition?

WHAT

are the right
levels of
nutrients?

HOW

is USANA different?

Your nutritional regimen
STARTS HERE



with the

CELL ESSENTIALS

USANA[®] NUTRITIONALS



MADE WITH
InCelligence[™]





ASK THE SCIENTISTS

Have a question on health or nutritional supplementation?

What would you like to ask?

