

USANA® Allergen Chart

		Peanuts	Tree Nuts	Sesame	Lactose	Casein	Whey	Egg	Wheat	Gluten	Corn	Soy	Fish	Shellfish	Vegan	Kosher	
CellSentials™ & More	Product\Allergen																
		Core Minerals															Yes
	Vita-Antioxidant															Yes	
	Chelated Mineral											***			Yes		
	Mega Antioxidant											***					
	HealthPak™											***					
	Kosher Essentials											***				Yes	
	Body Rox™											***					
	Usanimals™			**		X						***					
Optimizers	Active Calcium™											***				Yes	
	Active Calcium Chewable											***			Yes	Yes	
	AO Booster											***			Yes		
	BiOmega™											X	X				
	BiOmega™ Jr							X					X				
	Booster C 600™														Yes		
	CoQuinone®											***					
	Digestive Enzyme											***			Yes		
	E-Prime											***					
	Fibergy® Plus	*	*	*		*	*	*	*	*	*	*	*	*	*	Yes	
	Ginkgo-PS™											***			Yes	Yes	
	Hepasil DTX™											***					
	OptOmega														Yes		
	Palmetto Plus™											X					
	PhytoEstrin											X			Yes		
	Poly C											***			Yes		
	Procosa											***			Yes		
	Proflavanol											***			Yes		
	Proglucamune											***			Yes		
	Pure Rest														Yes		
Probiotic														Yes			
Visionex®											***			Yes	Yes		
Vitamin D											***						
MySMART™ Shakes	Whey	*	*	*	**	*	X	*	*	*	*	*	*	*			
	Soy	*	*	*		*	*	*	*	*	*	X	*	*	Yes		
	Plant	*	*	*		*	*	*	*	*	*	*	*	*	Yes		
	Whey Protein+	*	*	*	**	*	X	*	*	*	*	*	*	*			
	Soy Protein+	*	*	*		*	*	*	*	*	*	X	*	*			
	Flavor Paks	*	*	*		*	*	*	*	*	*	*	*	*	Yes		
MySMART™ Bars	Berry Nutty	*	X	*		*	*	*	*	*	*	*	*	*	Yes		
	Coconut Cashew	*	X	*	**	X	X	*	*	*	*	*	*	*			
	Dark Chocolate	*	*	*	**	X	X	*	*	*	*	*	*	*			
	Peanut Butter	X	*	*	**	X	X	*	*	*	*	*	*	*			
Nutrimeal™	Chocolate Whey	*	*	*	**	X	X	*	*	*	*	***	*	*			
	Dutch Chocolate	*	*	*	**	X	X	*	*	*	*	X	*	*			
	Wild Strawberry	*	*	*	**	X	X	*	*	*	*	X	*	*			
	French Vanilla	*	*	*	**	X	*	*	*	*	*	X	*	*			
	Nutrimeal™ Free	*	*	*		*	*	*	*	*	*	*	*	*			
Protein Snacks	Peanutty Bliss	X	*	*	**	X	X	*	*	*	*	X	*	*			
	ChocoChip	*	*	*	**	X	X	*	*	*	*	X	*	*			
	FudgeDelite	*	*	*	**	X	X	*	*	*	*	X	*	*			
Rev3	Rev3 Energy™ Can												*	Yes			
	Rev3 Energy™ Pack																

X = Contains listed ingredient

* These products are produced on equipment that processes peanuts, tree nuts, milk, egg, wheat, soy, fish, shellfish, sesame, corn, and/or gluten.

** The actual lactose level is very low. There is not enough lactose in these products to elicit a lactose intolerance reaction (even in very sensitive individuals).

*** Contains a minute amount of soy derived lecithin. However, it contains no soy protein and lecithin is not known to contribute to soy allergies.

Updated January 2017. This chart is provided as a convenience and should not be considered authoritative. Always refer to product labels for the most accurate, up-to-date ingredient and allergen information.