

USANA® Allergen Chart

	Product	Peanuts	Tree Nuts	Sesame	Lactose	Casein	Whey	Egg	Wheat	Gluten	Corn	Soy	Fish	Shellfish	Vegan	Kosher
Essentials™	Chelated Mineral											***			Yes	
	Mega Antioxidant											***				
	HealthPak™											***				
	Kosher Essentials											***				Yes
	Body Rox™											***				
	Usanimals™				**		X					***				
	Active Calcium™											***				Yes
	Active Calcium Chewable											***			Yes	Yes
	AO Booster											***			Yes	
	BiOmega™											X	X			
	BiOmega™ Jr							X					X			
	Booster C 600™														Yes	
	CoQuinone®											***				
	Digestive Enzyme											***			Yes	
Optimizers	E-Prime											***				
	Fibergy® Plus	*	*	*		*	*	*	*	*	*	*	*	*	Yes	
	Ginkgo-PS™											***			Yes	Yes
	Hepasil DTX™											***			Yes	
	OptOmega														Yes	
	Palmetto Plus™											X				
	PhytoEstrin											X			Yes	
	Poly C											***			Yes	
	Procosa											***			Yes	
	Proflavanol											***			Yes	
	Proglucomune											***			Yes	
	Pure Rest														Yes	
	Probiotic														Yes	
	Visionex®											***			Yes	Yes
MySMART™	Vitamin D											***				
	Whey	*	*	*		*	X	*	*	*	*	*	*	*		
	Soy	*	*	*		*	*	*	*	*	*	X	*	*	Yes	
	Plant	*	*	*		*	*	*	*	*	*	*	*	*	Yes	
	Protein+	*	*	*		*	X	*	*	*	*	*	*	*		
	Flavor Paks	*	*	*		*	*	*	*	*	*	*	*	*	Yes	
	Berry Nutty	*	X	*		*	*	*	*	*	*	*	*	*	Yes	
	Coconut Cashew	*	X	*	**	X	X	*	*	*	*	*	*	*		
	Dark Chocolate	*	*	*	**	X	X	*	*	*	*	*	*	*		
	Peanut Butter	X	*	*	**	X	X	*	*	*	*	*	*	*		
	Chocolate Whey	*	*	*	**	X	X	*	*	*	*	***	*	*		
	Dutch Chocolate	*	*	*	**	X	X	*	*	*	*	X	*	*		
	Wild Strawberry	*	*	*	**	X	X	*	*	*	*	X	*	*		
	French Vanilla	*	*	*	**	X	*	*	*	*	*	X	*	*		
Protein Snacks	Nutrimeal™ Free	*	*	*		*	*	*	*	*	*	*	*	*		
	Peanutty Bliss	X	*	*	**	X	X	*	*	*	*	X	*	*		
	ChocoChip	*	*	*	**	X	X	*	*	*	*	X	*	*		
	FudgeDelite	*	*	*	**	X	X	*	*	*	*	X	*	*		

X = Contains listed ingredient

* These products are produced on equipment that processes peanuts, tree nuts, milk, egg, wheat, soy, fish, shellfish, sesame, corn, and gluten.

** The actual lactose level is very low. There is not enough lactose in these products to elicit a lactose intolerance reaction (even in very sensitive individuals).

*** Contains a minute amount of soy derived lecithin. However, it contains no soy protein and lecithin is not known to contribute to soy allergies.

Updated May 2016. This chart is provided as a convenience and should not be considered authoritative. Always refer to product labels for the most accurate, up-to-date ingredient and allergen information.